Common Ground Healthcare Cooperative: CGHC Value 1 Bronze \$8700 Deductible NCS Allergy Testing + Vision Exam

Coverage for: Individual + Family | Plan Type: EPO

The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, visit <u>commongroundhealthcare.org/certificate</u> or call 877-514-2442. For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms, see the Glossary. You can view the Glossary at <u>www.healthcare.gov/sbc-glossary</u> or call 1-877-514-2442 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	<b>\$0</b> individual / <b>\$0</b> family	Generally, you must pay all of the costs from providers up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your deductible?	Yes. In network Preventive care is covered before you meet your deductible	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive</u> <u>services</u> without <u>cost-sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at <a href="https://www.healthcare.gov/coverage/preventive-care-benefits/">https://www.healthcare.gov/coverage/preventive-care-benefits/</a> .
Are there other deductibles for specific services?	No	You don't have to meet <u>deductibles</u> for specific services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	\$0 individual / \$0 family	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this plan, the overall family <u>out-of-pocket limit</u> must be met.
What is not included in the out-of-pocket limit?	Premiums, <u>out-of-network provider</u> charges, <u>copayments</u> for certain services, <u>balance-billing</u> charges, healthcare this plan doesn't cover, and penalties for failure to obtain <u>prior authorization</u> for services.	Even though you pay these expenses, they don't count toward the out-of-pocket limit.
Will you pay less if you use a <u>network provider</u> ?	Yes. See <a href="www.CGCares.org/Find-a-Doctor">www.CGCares.org/Find-a-Doctor</a> or call 877-514-2442 for a list of network providers.	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the plan's <u>network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the provider's charge and what your <u>plan</u> pays ( <u>balance billing</u> ). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.

Important Questions	Answers	Why This Matters:
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No	You can see the in-network specialist you choose without a referral.

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All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

		What You Will Pay			
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information	
If you wisit a booth come	Primary care visit to treat an injury or illness	\$0	Not covered	none	
If you visit a health care provider's office or clinic	Specialist visit	\$0	Not covered	No coverage for infertility services after confirmed diagnosis of infertility.	
Cililic	Preventive care/screening/ immunization	No Charge	Not covered	Services under the ACA guidelines will be covered as preventive	
If you have a test	Diagnostic test (x-ray, blood work)	\$0	Not covered	none	
If you have a test	Imaging (CT/PET scans, MRIs)	\$0	Not covered	none	
If you need drugs to treat your illness or	Generic drugs	\$0	Not covered	For mail order prescriptions, a 90-day supply is available for two copays.	
condition  More information about	Preferred brand drugs	\$0	Not covered	For mail order prescriptions, a 90-day supply is available for two copays.	
prescription drug coverage is available at	Non-preferred brand drugs	\$0	Not covered	For mail order prescriptions, a 90-day supply is available for two copays.	
www.commongroundheal thcare.org	Specialty drugs	\$0	Not covered	Infertility specialty drugs not covered.	
If you have outpatient	Facility fee (e.g., ambulatory surgery center)	\$0	Not covered	none	
surgery	Physician/surgeon fees	\$0	Not covered	none	
If you need immediate medical attention	Emergency room care	\$0	\$0	Copay applies to ER facility (waived if admitted); other professional charges are subject to deductible and coinsurance. ER services are paid at In-Network benefit	

<sup>\*</sup> For more information about limitations and exceptions, see the <u>plan</u> or policy document at CommonGroundHealthcare.org.

		What You Will Pay			
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information	
				level.	
	Emergency medical transportation	\$0	\$0	Services are paid at In-Network benefit level. Balance billing may apply to emergency ground transportation.	
	Urgent care	\$0	\$0	Medically necessary Urgent Care services at out-of-service-area providers are covered when a covered person is traveling, or a dependent resides outside of CGHC's service area. Any follow-up care must be provided by an in-network provider.	
If you have a hospital	Facility fee (e.g., hospital room)	\$0	Not covered	none	
stay	Physician/surgeon fees	\$0	Not covered	none	
If you need mental health, behavioral	Outpatient services	\$0	Not covered	none	
health, or substance abuse services	Inpatient services	\$0	Not covered	none	
	Office visits	\$0	Not covered	none	
If you are pregnant	Childbirth/delivery professional services	\$0	Not covered	none	
	Childbirth/delivery facility services	\$0	Not covered	none	
	Home health care	\$0	Not covered	Services for home health care are limited to 60 visits per calendar year.	
If you need help recovering or have other special health needs	Rehabilitation services	\$0	Not covered	Services for PT/OT/ST are limited to 20 visits each per calendar year. Services for custodial care are excluded. Services for cardiac rehabilitation are limited to 36 visits per calendar year.	
	Habilitation services	\$0	Not covered	Services for PT/OT/ST are limited to 20	

<sup>\*</sup> For more information about limitations and exceptions, see the <u>plan</u> or policy document at CommonGroundHealthcare.org.

		What You Will Pay			
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information	
				visits each per calendar year. Services for custodial care are excluded.	
	Skilled nursing care	\$0	Not covered	Services for skilled nursing are limited to 30 days per stay.	
	Durable medical equipment	\$0	Not covered		
	Hospice services	\$0	Not covered	none	
	Children's eye exam	No charge	Not covered	Limited to one exam every year for children.	
If your child needs	Children's glasses	\$0	Not covered	Limited to one pair of glasses or contacts per year for children only.	
dental or eye care	Children's dental check-up	Not covered	Not covered	This coverage is available in the insurance market and can be purchased as a standalone product.	

#### **Excluded Services & Other Covered Services:**

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

•	Acupuncture Bariatric surgery Cosmetic surgery Private-duty nursing	<ul> <li>Infertility treatment</li> <li>Long-term care</li> <li>Non-emergency care when traveling outside the U.S.</li> <li>Weight loss programs</li> <li>Routine foot care</li> <li>Routine dental care (adult)</li> </ul>	
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## Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

Chiropractic Care

Hearing Aids – may be covered with limitations

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: Department of Health and Human Services, Center for Consumer Information and Insurance Oversight, at 877-267-2323 x61565 or <a href="https://www.cciio.cms.gov">www.cciio.cms.gov</a>, Wisconsin Office of the Commissioner of Insurance at 800-236-8517, or call Common Ground Healthcare Cooperative at 877-514-2442. Other coverage options may be available to you, too, including buying individual insurance coverage through the <a href="https://www.healthcare.gov">healthcare.gov</a> or call 1-800-318- 2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your plan for a denial of a claim. This complaint is called a grievance or appeal. For more information about your rights, look at the explanation of benefits you will receive for that medical claim. Your plan documents also provide complete information on

<sup>\*</sup> For more information about limitations and exceptions, see the <u>plan</u> or policy document at CommonGroundHealthcare.org.

how to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact: Common Ground Healthcare Cooperative Appeals and Grievance Unit, PO Box 1630, Brookfield, WI 53008-1630 or call 877-514-2442. For state of Wisconsin assistance, contact Office of the Commissioner of Insurance, Complaints Department, PO Box 7873, Madison, WI 53707-7873, <u>complaints@ociwi.state.us</u>, phone 800-236-8517 or 608-266-0103.

## Does this plan provide Minimum Essential Coverage? Yes

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

## Does this plan meet the Minimum Value Standards? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

### **Language Access Services:**

Spanish (Español): Para obtener asistencia en Español, llame al 877-514-2442.

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 877-514-2442.

Chinese (中文): 如果需要中文的帮助,请拨打这个号码877-514-2442.

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 877-514-2442.

To see examples of how this <u>plan</u> might cover costs for a sample medical situation, see the next section.

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<sup>\*</sup> For more information about limitations and exceptions, see the <u>plan</u> or policy document at CommonGroundHealthcare.org.

### **About these Coverage Examples:**



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost-sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

# Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

■ The <u>plan's</u> overall <u>deductible</u>	\$0
■ Specialist [cost sharing]	\$0
■ Hospital (facility) [cost sharing]	\$0
■ Other [cost sharing]	\$0

### This EXAMPLE event includes services like:

Specialist office visits (prenatal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

Total Example Cost

Ψ12,700		
In this example, Peg would pay:		
\$0		
\$0		
\$0		
\$0		
\$0		

# **Managing Joe's Type 2 Diabetes**

(a year of routine in-network care of a well-controlled condition)

■ The <u>plan's</u> overall <u>deductible</u>	\$0
■ Specialist [cost sharing]	\$0
■ Hospital (facility) [cost sharing]	\$0
■ Other [cost sharing]	\$0

### This EXAMPLE event includes services like:

<u>Primary care physician</u> office visits (including disease education)

Diagnostic tests (blood work)

**Prescription drugs** 

\$12 700

Durable medical equipment (glucose meter)

Total Example Cost	\$5,600	
In this example, Joe would pay:		
Cost Sharing		

Cost Sharing	
<u>Deductibles</u>	\$0
Copayments	\$0
Coinsurance	\$0
What isn't covered	
Limits or exclusions	\$0
The total Joe would pay is	

## **Mia's Simple Fracture**

(in-network emergency room visit and follow up care)

■ The plan's overall deductible	\$0
■ Specialist [cost sharing]	\$0
■ Hospital (facility) [cost sharing]	\$0
■ Other [cost sharing]	\$0

### This EXAMPLE event includes services like:

Emergency room care (including medical supplies)

Diagnostic test (x-ray)

**Durable medical equipment (crutches)** 

Rehabilitation services (physical therapy)

Total Example Cost	\$2,800
In this example Mia would nav:	

Cost Sharing	
<u>Deductibles</u>	\$0
Copayments	\$0
Coinsurance	\$0
What isn't covered	
Limits or exclusions	\$0
The total Mia would pay is	\$0

The plan would be responsible for the other costs of these EXAMPLE covered services.

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