Summary of Benefits and Coverage: What this Plan Covers & What You Pay for Covered Services

Coverage Period: 01/01/2023 - 12/31/2023

Common Ground Healthcare Cooperative: CGHC Silver \$4000 LCS - Envision Network (Vision Exam + Allergy Test)

Coverage For: Individual + Family | Plan Type: EPO



The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, visit www.commongroundhealthcare.org/coverage-details or call 877-514-2442. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms, see the Glossary. You can view the Glossary at www.healthcare.gov/sbc-glossary or call 1-877-514-2442 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	\$4,000 individual / \$8,000 family	Generally, you must pay all of the costs from providers up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your <u>deductible</u> ?	Yes. In network <u>Preventive care</u> is covered before you meet your <u>deductible</u>	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost-sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at <u>https://www.healthcare.gov/coverage/preventive-care-benefits/</u> .
Are there other deductibles for specific services?	Νο	You don't have to meet deductibles for specific services.
What is the <u>out-of-pocket limit</u> for this <u>plan</u> ?	\$9,100 individual / \$18,200 family	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this plan, the overall family <u>out-of-pocket limit</u> must be met.
What is not included in the <u>out-of-pocket</u> <u>limit</u> ?	Premiums, <u>out-of-network provider</u> charges, <u>copayments</u> for certain services, <u>balance-billing</u> charges, healthcare this plan doesn't cover, and penalties for failure to obtain <u>prior authorization</u> for services.	Even though you pay these expenses, they don't count toward the <u>out-of-pocket limit.</u>
Will you pay less if you use a <u>network</u> <u>provider</u> ?	Yes. See <u>www.CGCares.org/Find-</u> <u>a-Doctor</u> or call 877-514-2442 for a list of network providers.	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the plan's <u>network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the provider's charge and what your <u>plan</u> pays (<u>balance billing</u>). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.

(DT - OMB control number: 1545-0047/Expiration Date: 12/31/2019)(DOL - OMB control number: 1210-0147/Expiration date: 5/31/2022) (HHS - OMB control number: 0938-1146/Expiration date: 10/31/2022)

Important Questions	Answers	Why This Matters:
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No	You can see the in-network <u>specialist</u> you choose without a <u>referral</u> .

All copayment and coinsurance costs shown in this chart are after your deductible has been met, if a deductible applies.

		What You V			
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information	
lf	Primary care visit to treat an injury or illness	\$50 Copay/Visit	Not covered	none	
If you visit a health care <u>provider's</u> office or clinic	<u>Specialist</u> visit			No coverage for infertility services after confirmed diagnosis of infertility.	
	Preventive care/screening/ immunization			Services under the ACA guidelines will be covered as preventive	
lf you have a test	<u>Diagnostic test</u> (x-ray, blood work)	Deductible/25% Coins	Not covered	none	
	Imaging (CT/PET scans, MRIs)	Deductible/25% Coins	Not covered	none	
If you need drugs to treat your illness or	Generic drugs	\$20 Copay/Script	Not covered	For mail order prescriptions, a 90-day supply is available for two copays.	
condition More information about	Preferred brand drugs	\$75 Copay after Deductible	Not covered	For mail order prescriptions, a 90-day supply is available for two copays.	
prescription drug coverage is available at www.commongroundhealth- care.org	Non-preferred brand drugs	Deductible/25% Coins	Not covered	For mail order prescriptions, a 90-day supply is available for two copays.	
	Specialty drugs	Deductible/30% Coins	Not covered	Infertility specialty drugs not covered.	
lf you have	Facility fee (e.g., ambulatory surgery center)	Deductible/25% Coins	Not covered	none	
outpatient surgery	Physician/surgeon fees	Deductible/25% Coins	Not covered	none	

* For more information about limitations and exceptions, see the <u>plan</u> or policy document at CommonGroundHealthcare.org.

		What You V			
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information	
	Emergency room care	Deductible/25% Coins	Deductible/25% Coins	**Copay applies to ER facility (waived if admitted); other professional charges are subject to deductible and coinsurance. ER services are paid at In-Network benefit level.	
If you need immediate medical attention	Emergency medical transportation	Deductible/25% Coins	Deductible/25% Coins	Services rendered out-of-network are paid at In-Network benefit level. Balance billing may apply to emergency ground transportation.	
	<u>Urgent care</u>	\$100 Copay/Visit	\$100 Copay/Visit	services at out-of-service-area providers are covered when a covered person is traveling, or a dependent resides outside of CGHC's service area. Any follow-up care must be provided by an in-network provider.	
lf you have a hospital stay	Facility fee (e.g., ambulatory surgery center)	Deductible/25% Coins	Not covered	none	
	Physician/surgeon fees	Deductible/25% Coins	Not covered	none	
lf you need mental health, behavioral	Outpatient services	\$50 Copay/Visit	Not covered	none	
health , or substance abuse services	Inpatient services	Deductible/25% Coins	Not covered	none	
	Office visits	Deductible/25% Coins	Not covered	none	
If you are pregnant	Childbirth/delivery professional services	Deductible/25% Coins	Not covered	none	
	Childbirth/delivery facility services	Deductible/25% Coins	Not covered	none	

* For more information about limitations and exceptions, see the <u>plan</u> or policy document at CommonGroundHealthcare.org.

		What You V			
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information	
	Home health care	Deductible/25% Coins	Not covered	Services for home health care are limited to 60 visits per calendar year.	
If you need help recovering or have other special health needs	Rehabilitation services	Deductible/25% Coins	Not covered	Services for PT/OT/ST are limited to 20 visits each per calendar year. Services for custodial care are excluded. Services for cardiac rehabilitation are limited to 36 visits per calendar year.	
	Habilitation services	Deductible/25% Coins	Not covered	Services for PT/OT/ST are limited to 20 visits each per calendar year. Services for custodial care are excluded.	
	Skilled nursing care	Deductible/25% Coins	Not covered	Services for skilled nursing are limited to 30 days per stay.	
	Durable medical equipment	Deductible/25% Coins Not covered		none	
	Hospice services	Deductible/25% Coins	Not covered	none	
	Children's eye exam	No charge	Not covered	Limited to one exam every year for children.	
lf your child needs dental or eye care	Children's glasses	Deductible/25% Coins Not covered		Limited to one pair of glasses or contacts per year for children only.	
	Children's dental check-up	Not covered	Not covered	This coverage is available in the insurance market and can be purchased as a stand-alone product.	

* For more information about limitations and exceptions, see the <u>plan</u> or policy document at CommonGroundHealthcare.org.

Excluded Services & Other Covered Services:

Services Your <u>Plan</u> Generally Does NOT Cover	Check your policy or <u>plan</u> document for more inform	nation and a list of any other <u>excluded services</u> .)			
 Acupuncture Bariatric surgery Cosmetic surgery Dental care (Adult) 	 Infertility treatment Long-term care Non-emergency care when traveling outside the U.S. 	Private-duty nursingRoutine foot careWeight loss programs			
Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your <u>plan</u> document.)					
Chiropractic Care Heat	aring Aids • Routine eye	care (Adult)			

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: Department of Health and Human Services, Center for Consumer Information and Insurance Oversight, at 877-267-2323 x61565 or www.cciio.cms.gov, Wisconsin Office of the Commissioner of Insurance at 800-236-8517, or call Common Ground Healthcare Cooperative at 877-514-2442. Other coverage options may be available to you, too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.HealthCare.gov or call 1-800-318-2596. Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your plan for a denial of a claim. This complaint is called a grievance or appeal. For more information about your rights, look at the explanation of benefits you will receive for that medical claim. Your plan documents also provide complete information on how to submit a claim, appeal, or a grievance for any reason to your plan. For more information about your rights, this notice, or assistance, contact: Common Ground Healthcare Cooperative Appeals and Grievances Department, 120 Bishop's Way, Suite 150, Brookfield, WI 53005 or call 877-514-2442. For state of Wisconsin assistance, contact Office of the Commissioner of Insurance, Complaints Department, PO Box 7873, Madison, WI 53707-7873, complaints@ociwi.state.us, phone 800-236-8517 or 608-266-0103.

Does this plan provide Minimum Essential Coverage? Yes

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit. Does this plan meet the Minimum Value Standards? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 877-514-2442. Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 877-514-2442. Chinese (中文): 如果需要中文的帮助, 请拨打这个号码877-514-2442. Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 877-514-2442.

To see examples of how this plan might cover costs for a sample medical situation, see the next section.

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* For more information about limitations and exceptions, see the plan or policy document at CommonGroundHealthcare.org.



About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost-sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby (9 months of in-network pre-natal care and a hospital delivery)		Managing Joe's Type 2 Diabetes (a year of routine in-network care of a well- controlled condition)		Mia's Simple Fracture (in-network emergency room visit and follow up care)	
 The plan's overall deductible <u>Specialist</u> [cost sharing] Hospital (facility) [cost sharing] Other [cost sharing] 	\$4,000 \$80 25% after Ded 25% after Ded	 The <u>plan's</u> overall <u>deductible</u> <u>Specialist</u> [cost sharing] Hospital (facility) [cost sharing] Other [cost sharing] 	\$4,000 \$80 25% after Ded 25% after Ded	 The plan's overall deductible Specialist [cost sharing] Hospital (facility) [cost sharing] Other [cost sharing] 	\$4,000 \$80 25% after Ded 25% after Ded
This EXAMPLE event includes services like: Specialist office visits (prenatal care) Childbirth/Delivery Professional Services Childbirth/Delivery Facility Services Diagnostic tests (ultrasounds and blood work) Specialist visit (anesthesia)		This EXAMPLE event includes services like: Primary care physician office visits (including disease education) Diagnostic tests (blood work) Prescription drugs Durable medical equipment (glucose meter)		This EXAMPLE event includes services like: Emergency room care (including medical supplies) Diagnostic test (x-ray) Durable medical equipment (crutches) Rehabilitation services (physical therapy)	
Total Example Cost	\$12,700	Total Example Cost	\$5,600	Total Example Cost	\$2,800
In this example, Peg would pay:		In this example, Joe would pay:		In this example, Mia would pay:	
Cost Sharing		Cost Sharing		Cost Sharing	
Deductibles \$4,000		Deductibles	\$900	Deductibles	\$2,500

<u>Deductibles</u>	\$4,000 \$10	Deductibles	\$900	Deductibles	\$2,500
Copayments		<u>Copayments</u>	\$900	<u>Copayments</u>	\$200
Coinsurance	\$2,100	Coinsurance	\$0	Coinsurance	\$0
What isn't covered		What isn't covered		What isn't covered	
Limits or exclusions	\$60	Limits or exclusions	\$20	Limits or exclusions	\$0

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The <u>plan</u> would be responsible for the other costs of these EXAMPLE covered services.