

Preventive Health Services for Adults:

- Abdominal Aortic Aneurysm One time Screening
 - Men aged 65-75 with a history of smoking
- Alcohol Misuse Screening & Counseling
- Aspirin Use
 - If ordered by physician and a prescription is received from the provider
 - Prescription filled using pharmacy benefit
 - Female ages 55-79; Male ages 45-79
 - Blood Pressure Screening — This is part of a preventive care wellness exam or office visit
- Cholesterol Screening — Age 20 years and older
- Colorectal Cancer Screening- — Age 50 and older includes colonoscopy, sigmoidoscopy, test for occult blood
- Prostate Cancer Screening — Men aged 40 years and older
- Depression Screening
- Diabetes Type 2 Screening
- Healthy Diet and Physical Activity Counseling – for adults with cardiovascular risk factors
- Vaccinations/Immunizations:
 - Hepatitis A
 - Hepatitis B
 - Herpes Zoster-Shingles
 - Human Papilloma Virus (HPV)
 - Influenza -flu shot
 - Meningococcal
 - Pertussis
 - Pneumococcal - Pneumonia
 - Tetanus
 - Varicella-Chicken Pox
- Obesity Screening (Screening and Counseling) in Adults
- Tobacco Use Screening & Interventions in Adults and Pregnant Women

Preventive Health Services for Women:

- Prenatal Test/Screening:
 - Anemia Screening
 - Bacteriuria Screening
- Breast Cancer Genetic Test Counseling and Evaluation for BRCA
- BRCA Testing & Screening — Must have a family history of ovarian or breast cancer
- Breast Cancer Mammography Screening — Female 40 years and older
- Breast Pumps — If ordered by a licensed professional after the birth of a child. Coverage is limited to one standard manual, simple breast pump or one basic single electric pump. A hospital-grade model is not covered.
- Breastfeeding Comprehensive Support & Counseling
- Cervical Cancer Screening-Pap Smear — Female ages 21-64
- Chemoprevention of Breast Cancer Counseling — Females at risk for breast cancer
- Chlamydia Infection Screening
 - Female and under 25 years if sexually active
 - Female and 25 years and older with multiple sex partners, pregnant or of child bearing years
- Contraception — See medications and devices listed on our *Prescription Drug* formulary
- Sterilization — Tubal Ligation

- Domestic & Interpersonal Violence Screening & Counseling
- Folic Acid
 - If ordered by physician and a prescription is received from the provider
 - Prescription filled using pharmacy benefit
 - Pregnant females or of child bearing age
- Gestational Diabetes Screening — Pregnant females
- Gonorrhea Screening — Females who are sexually active or pregnant
- Hepatitis B Screening — Pregnant females
- HIV Screening — Pregnant females
- Human Papilloma Virus (HPV) DNA Test
- Osteoporosis Screening - Bone Density
- Rh Incompatibility Screening — Pregnant females
- Rubella Screening by History of Vaccination or by Serology — Pregnant females
- Syphilis Screening — Pregnant females or If at risk for syphilis Infection
- Well-Women Visit
- Well-Women Prenatal Visits — Pregnant females

Childhood Preventive Services:

- Physician Visit (well-child/well-baby/health check)
- Autism Screening
- Behavioral Assessments
- Blood Pressure Screening
- Cervical Dysplasia Screening — Females under 18 and sexually active
- Depression Screening in Children and Adolescents
- Developmental Screening — Prenatal through age 21
- Dyslipidemia Screening — Ages 2 through 21
- Gonorrhea preventive Medication
- Hearing Screening
- Height, Weight and Body Mass Index Measurements
- Hematocrit or Hemoglobin Screening (Anemia)
- Hemoglobinopathies or sickle cell screening
- Childhood Vaccinations/Immunizations:
 - Diphtheria
 - Haemophilus Influenza Type B (HIB)
 - Hepatitis A
 - Hepatitis B
 - Human Papilloma Virus
 - Inactivated Polio Virus
 - Influenza Shot
 - Measles
 - Mumps
 - Rubella
 - Meningococcal-Child
 - Pneumococcal - Pneumonia
 - Rotavirus
 - Varicella-Chicken Pox

- Iron Supplements
 - If ordered by physician and a prescription is received from the provider
 - Prescription filled using pharmacy benefit
- Lead Poisoning Screening
- Medical History
- Obesity Screening and Counseling in Children and Adolescents
- Tobacco Prevention Interventions for Children & Adolescents
- Oral Health risk assessment
- Sexually Transmitted Infection (STI) Prevention Counseling & Screening
- Tuberculin Testing (TB skin test)
- Skin Cancer Prevention Counseling
- Vision Screening in Children

Newborn Screening (0-90 Days):

- Hypothyroidism Screening
- Phenylketonuria (PKU) Screening
- Sickle Cell Screening
- Metabolic Screening

Preventive care services may not be performed for the primary reason of diagnosing or treating an illness or injury.

These guidelines were developed based upon the requirements set forth by the Affordable Care Act utilizing the recommendations as established by the United States Preventive Services Task Force (USPSTF) – A & B recommendations, Health Resources and Services Administration (HRSA) for Women’s Preventive Services, and the American Academy of Pediatrics Bright Futures program.

These guidelines will be reviewed no less than annually and may be updated at any time upon review and formal approval of the Benefit & Code Coverage Committee should any of the aforementioned agencies announce updated recommendations or standards.

Website References

United States Preventive Services Task Force (USPSTF)

<http://www.uspreventiveservicestaskforce.org/Page/Name/uspstf-a-and-b-recommendations/>

Health Resources and Services Administration (HRSA)

<http://www.hrsa.gov/womensguidelines/>

American Academy of Pediatrics Bright Futures

<https://brightfutures.aap.org/materials-and-tools/guidelines-and-pocket-guide/Pages/default.aspx>

More information about the preventive services coverage required under the Affordable Care Act please visit:

<http://www.healthcare.gov/prevention/index.html>