

PREVENTIVE CARE

What is No-Cost Share Preventive Care?

This sheet lists some commonly used preventive care services that qualify as no-cost-share preventive care. However, this list is not comprehensive, and you should know that certain screenings may be covered based on what is recommended for your age or gender. To view the full list of preventive care services, please visit www.cgcares.org/preventive.

Recommended Screenings

There are certain screenings that meet the definition of no-cost-share preventive care. Many screenings are specific to your age and gender, which you can ask us or your doctor about. These include:

- Screening mammogram
- Screening colonoscopy
- STD and HPV testing
- Prostate cancer screening

Common Ground Healthcare Cooperative will also cover additional screenings based on certain conditions or risk factors as determined by your doctor. These factors include such things as: hepatitis C, HIV, lung cancer, diabetes, depression and pregnancy.

Counseling Services

At your doctor's recommendation, CGHC will also cover certain counseling services at no cost to you, such as:

- Tobacco use
- Alcohol misuse
- Obesity and diet
- Domestic violence
- Breast feeding

Please note that this is not an all-inclusive list. Call us if you have questions at 877.514.2442.

Medications

At your doctor's recommendation, CGHC will provide certain preventive medications at no cost to you but you must check our formulary at www.cgcares.org/formulary for a list of these medications. Only certain medications that fall under the following general categories are designated in the formulary as preventive and provided with no cost sharing:

- Aspirin if prescribed to prevent cardiovascular disease
- Certain tobacco cessation aids
- Oral birth control

Please check the formulary before assuming your medication is covered at no cost to you.

To see a full list of covered preventive health services, visit www.commongroundhealthcare.org/members/preventivecare